Cams Food Court

Menu Week 1



Available daily- Fresh filled Rolls, Sandwiches, Wraps & Jacket Potatoes

Mains

Monday

Crispy Chicken Katsu Curry served with Rice
Creamy Cheese & Bacon Macaroni Pasta with Garlic Dough Ball & Salad

Macaroni Cheese with Garlic Dough Ball & Salad

Meal Deal Includes self serve Salad and 95p Biscuit/Fruit or Cake

American Burger & Super Sides





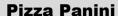
Tuesday

Chicken Tikka Masala with Rice & Naan Bread

BIG BREAKFAST inc. Bacon/Sausage/Hash Brown/Fried Bread/Beans/Plum Tomato

Curried Chicken Spring rolls with Rice & Curry Sauce
Vegan Sausage Roll

Meal Deal Includes self serve Salad and 95p Biscuit/Fruit or Cake







Wednesday

Pork Roast Dinner inc. Roast Potato's/Yorkshire Pudding/Seasonal Vegetables/Gravy





Meal Deal Includes self serve Salad and 95p Biscuit/Fruit or Cake

Pizza Panini





Thursday

Sour Dough Pizza with Pasta Salad & Mixed Green Leaf
Korean Style BBQ Pulled Pork Wrap
Vegi Pizza with Pasta Salad & Mixed Green Leaf

Meal Deal Includes self serve Salad and 95p Biscuit/Fruit or Cake





Friday



All dishes with this label include locally sourced meat or eggs

Allergen Guide Week 1

Traffic Light System

| Main Options only- | See sid | es for s | side dis | sh Opti | ons/Al <u>le</u> | rgens | | | |
|--|---------|----------|----------|---------|------------------|--------|------|--------|-------|
| | Egg | Milk | Fish | | Mustard | Celery | Nuts | Gluten | Sesam |
| Crispy Chicken Katsu Curry | | | | | | | | | |
| Creamy Cheese & Bacon Macaroni Pasta | | | | | | | | | |
| Macaroni Cheese | | | | | | | | | |
| | 1 | Tuesda | у | | | | | | |
| | Egg | Milk | Fish | Soya | Mustard | Celery | Nuts | Gluten | Sesan |
| Chicken Tikka Masala | | | | | | | | | |
| Bacon/Sausage/Hash Brown/Fried Bread/Beans/Plum Tomato | | | | | | | | | |
| Curried Chicken Spring rolls & Curry Sauce | | | | | | | | | |
| Vegan Sausage Roll | | | | | | | | | |
| | W | ednesd | ay | | | | | | |
| | Egg | Milk | Fish | Soya | Mustard | Celery | Nuts | Gluten | Sesan |
| Pork Roast Dinner Meat & Gravy | | | | | | | | | |
| Pasta Bolognese | | | | | | | | | |
| Quorn Roast Dinner Meat & Gravy | | | | | | | | | |
| | | 'hursda | y | | | | | | |
| | Egg | Milk | Fish | Soya | Mustard | Celery | Nuts | Gluten | Sesar |
| Sour Dough Pizza | | | | | | | | | |
| Korean Style BBQ Pulled Pork Wrap | | | | | | | | | |
| Vegi Pizza | | | | | | | | | |
| | | Friday | | 1 | | • | | | , |
| | Egg | Milk | Fish | Soya | Mustard | Celery | Nuts | Gluten | Sesan |
| | | | | | | | | | |
| | | | | | | | | | |
| Gluten free options are available or | | | | | | | | | |

| Contains this ingredient | | | | | | |
|---------------------------|--|--|--|--|--|--|
| May contain Traces | | | | | | |
| Free from this ingredient | | | | | | |

| Allergen Guide | Egg | Milk | Fish | Soya | Mustard | Celery | Nuts | Gluten | Sesame | | |
|-------------------------|---------------------------|------|------|------|---------|--------|------|--------|--------|--|--|
| Wedges | | | | | | | | | | | |
| Chips | | | | | | | | | | | |
| Jacket Potato | | | | | | | | | | | |
| Garlic & Thyme Potatoes | | | | | | | | | | | |
| Roast Potato | | | | | | | | | | | |
| Mashed Potato | | | | | | | | | | | |
| | Egg | Milk | Fish | Soya | Mustard | Celery | Nuts | Gluten | Sesame | | |
| Pasta | | | | | | | | | | | |
| Pasta Salad | | | | | | | | | | | |
| Turmeric Rice | | | | | | | | | | | |
| Rice | | | | | | | | | | | |
| Jasmine Rice | | | | | | | | | | | |
| Mixed Salad | | | | | | | | | | | |
| | Egg | Milk | Fish | Soya | Mustard | Celery | Nuts | Gluten | Sesame | | |
| Naan Bread | | | | | | | | | | | |
| Garlic Bread | | | | | | | | | | | |
| Yorkshie Pudding | | | | | | | | | | | |
| Baked Beans | | | | | | | | | | | |
| Mushy Peas | | | | | | | | | | | |
| | Egg | Milk | Fish | Soya | Mustard | Celery | Nuts | Gluten | Sesame | | |
| Baguette | | | | | | | | | | | |
| | Contains this ingredient | | | | | | | | | | |
| May contain Traces | | | | | | | | | | | |
| | Free from this ingredient | | | | | | | | | | |

Cams food Court BREAK Menu

Monday



Bacon Baguette Jumbo Sausage Baguette Bacon, Hash Brown & Cheese Muffin

Tuesday



Bacon Baguette Jumbo Sausage Baguette Breakfast Wrap

Wednesday



Bacon Baguette Jumbo Sausage Baguette Bacon, Hash Brown & Cheese Muffin

Thursday



Bacon Baguette Jumbo Sausage Baguette Breakfast Wrap

Friday



Bacon Baguette Jumbo Sausage Baguette Bacon, Hash Brown & Cheese Muffin